

## **Demonstration Notice**

**May 14 to May 21**

The U.S. Embassy recommends the security procedures outlined below for the week of May 14 to May 21. This notice takes effect on Saturday, May 14 at 4:30am. If the situation warrants changes, the Embassy will provide updated information as it becomes available. The following procedures are mandatory for U.S. Embassy employees, and U.S. citizens in Bahrain are highly encouraged to follow them as well. While the situation remains fluid, most major roads in Bahrain are open and passable.

From 11:30pm to 4:30am: Remain in your residence and/or housing compounds. This is more restrictive than the Government of Bahrain curfew. Bahraini security operations are ongoing and there continue to be isolated reports of violence occurring primarily at night. This recommendation extends beyond the geographically specific government curfew and will prevent anyone from possibly finding themselves at the wrong place during the wrong time.

We no longer advise U.S. citizens to limit movements to areas around their residence, but we encourage everyone to follow the guidelines listed below, especially the maps below. We strongly encourage the use of the buddy system and not to travel alone.

**Most checkpoints are manned by police and/or soldiers with lethal ammunition. The following guidance is provided for checkpoints:**

1. Do not panic, be polite.
2. Always obey the lawful commands of officials manning checkpoints
3. Do not attempt to run through the checkpoint.
4. Make sure your doors are locked and windows closed.
5. If necessary, roll your window down just far enough to talk.
6. State that you are an American.
7. If they insist on ID, present your CPR card. At no time should you relinquish control of the ID to those not in an official uniform.
8. If asked, "where are you going?" state where.
9. For unofficial checkpoints - Never get out of your vehicle or open any of the doors!

**Due to the improved conditions, the following locations do not need to be avoided:**

- Seef Mall and City Center Mall  
However we strongly urge U.S. citizens to use the northern entrance / exit to City Center Mall located on Road 2819 and they are encouraged to avoid proceeding east of this entrance / exit as that is the location of a major BDF encampment in Manama. Further, all U.S. citizens are strongly urged to use the eastbound Seef exit on Shaikh Khalifa highway to access both Seef and City Center.
- Shaikh Khalifa Bin Salman Highway / King Faisal Highway (Malls are on this road)
- Shaikh Isa Bin Salman Highway (Runs in front of Embassy)
- Wali Al Ahd Highway (BDF Hospital road)
- Shaikh Salman Highway (North / South road clock tower is on)
- Airport Avenue
- The Bahrain International Airport
- Naval Support Activity Bahrain
- Bahrain Defense Hospital
- Awali Hospital
- The University of Bahrain (If it reopens during this timeframe)

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- Ritz Carlton Hotel / Northern Seef Area
- Adliya
- Juffair
- Muharaq
- Amwaj
- Manama Souq/Bab al'Bahrain
- Isa Town
- Bahrain Fort

**Conversely, we strongly urge U.S. citizens to avoid the following locations:**

- Dana Mall and Bahrain Mall (Geant)
- Salamaniya Medical Complex
- Bahrain Financial Harbor
- Sanabis
- Jidhaffs
- Budaiya Highway east of the International Hospital
- Hamad Town
- Nuwaidirat
- Karbabad
- Malkiya
- Aker
- Diraz
- Janabiah
- Bani Jamra

The above lists are by no means inclusive and we recommend you refer to the maps for areas we urge you to stay away from, those covered in red.

There is no indication that U.S. citizens are being threatened or targeted. Spontaneous demonstrations and violence are still taking place and the host government is actively conducting security operations.

When stopped in traffic, always leave enough room in front of your vehicle to maneuver away from danger. Always plan an escape route.

Always carry your mobile phone and ensure your family and friends are able to contact you in an emergency.

Be aware of your surroundings when in public, whether on foot or in your vehicle. Stay informed of planned demonstrations and other potential threats through embassy demonstration notices. Strictly avoid all demonstrations.

Know the locations of safehavens (police and fire stations, hospitals, embassies, etc.) near your work and home, and along the route in between. If you are being followed or harassed while driving, go to the nearest safehaven and call the Police at 999. Do not confront a potential attacker or lead them back to your home.

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U.S. citizens are urged to carefully consider their need to travel to Bahrain given the security and political climate. U.S. citizens should keep current with Embassy notifications.

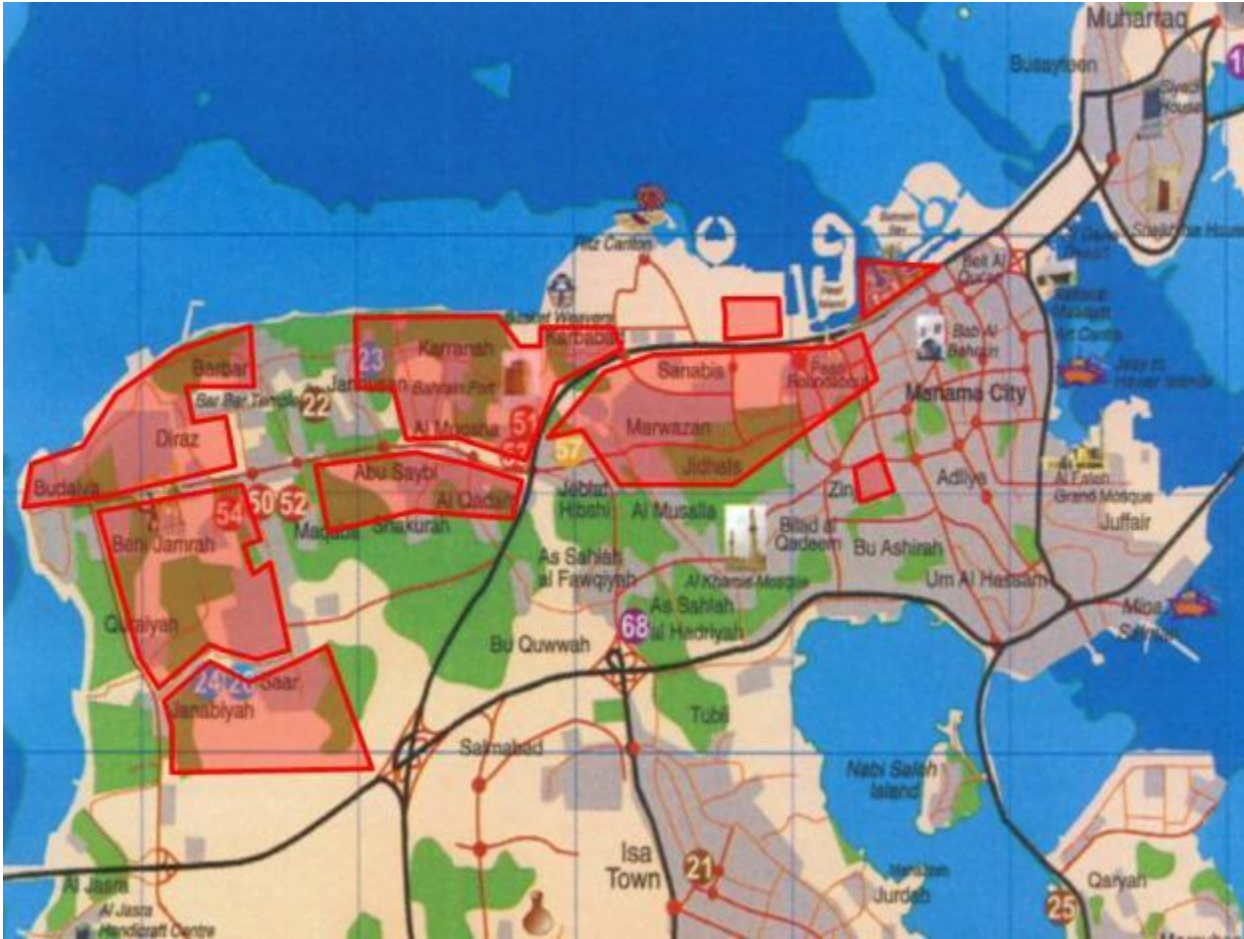
We remind U.S. citizens that even demonstrations intended to be peaceful can turn confrontational and possibly escalate into violence. U.S. citizens are therefore urged to avoid the areas of demonstrations if possible, and to exercise caution if within the vicinity of any demonstrations. U.S. citizens should stay current with media coverage of local events and be aware of their surroundings at all times.

For the latest security information, U.S. citizens living and traveling abroad should regularly monitor the Department of State's Bureau of Consular Affairs Internet website at <http://travel.state.gov>, where the current Worldwide Caution, Country Specific Information for Bahrain, Travel Warnings and Travel Alerts can be found. Up-to-date information on security can also be obtained by calling 1-888-407-4747 toll-free in the United States and Canada or, for callers outside the United States and Canada, a regular toll line at 1-202-501-4444. These numbers are available from 8:00 a.m. to 8:00 p.m. Eastern Time, Monday through Friday (except U.S. federal holidays).

The U.S. Embassy in Manama can be reached at (973) 1724-2700; the afterhours emergency number is (973) 1724-2957; the fax number is (973) 1725-6242. The Embassy's [web site](#) includes [travel information](#) and the [Worldwide Caution](#) and [Demonstration Notices](#). All U.S. citizens are encouraged to enroll in the [Smart Traveler Enrollment Program](#). The Consular Section can be reached at [ManamaConsular@state.gov](mailto:ManamaConsular@state.gov)

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Bahrain North



**Demonstration Notice**  
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Bahrain South

